



OTAGO ROAD CHAMPIONSHIPS

Saturday 19th August 2023

Organisers: Cross Country Committee

Meeting Manager: Margaret Knox

The Otago Road Championships will be held on an out and back circuit on the shared pathway starting and finishing on Magnet Street. The start / finish area is close to the rowing club building.

Race Entry Information

1. Entry to all races is open to club and community runners and walkers.
2. These races will be held under the IAAF Technical Rules 2020 & ANZ Supplementary Rules for out of stadia events.
3. The Otago Race Walking Road Championships will be held on a 1 km course on Magnet Street. Distances will vary depending on age group – longest distance 5 km. These races will be held under IAAF race walking rules.
4. Championship titles will be awarded to Athletics Otago registered competitive athletes.
5. Club uniforms are to be worn.
6. Team's Races: In all grades the first three Athletics Otago registered runners from the same club to finish will count for the team's race.
7. Open 5 km run and walk: Certificates will be awarded for these events. They are not championship events. The walk is not judged but all entrants are expected to walk the entire distance. Running, if observed in the open 5 km walk, may lead to disqualification.
8. Ages are taken as at 31 December 2023 except that Masters ages are *on the day*.
9. Masters Age Grades will be 35-49; 50-64; 65+.
10. All entries are to be done online via Athletics Otago website athleticsotago.co.nz Online entries close on Friday 18th August at 6.00 pm. Entries will be received after this time on payment of a \$10 late fee.

Entry Fees	Athletes registered with Athletics NZ via clubs	Community Athletes
Under 8 Fun run	Free	Free
Under 12 & Under 14	Free	\$10.00
Under 16	\$5.00	\$15.00
All other age groups	\$15.00 & \$20.00	\$25.00

Toilets: There is a toilet close to the start / finish area on Magnet Street.

Club Marshals: Three people per club required - reporting time at the finish line 1.15pm although some people will be helping with the race walk and will be required to report at 12.45pm.

Medal & Certificate Presentations will be held at the completion of each event. Medals will be awarded to the first 3 registered competitive Athletics Otago finishers in each age group. Certificates will be awarded to the winning team in each age group and the placegetters in the Open 5 km Run & Walk.

Enquiries: Email: athleticsotago@xtra.co.nz



OTAGO ROAD CHAMPIONSHIPS RACE DAY PROGRAMME
Saturday 19 August 2023

Please note: All runners to keep to the left-hand side of the shared pathway unless passing another runner. Please be aware that the shared pathway is open to other users, including other runners, walkers and cyclists.

EVENT 1: 1.00pm on the 1km circuit on Magnet Street

Race Walk Championships All Grades

EVENT 2: 1.30 pm on out and back course (towards St Leonards & return)

(Please note that a marshal will be at the turnaround point.)

Boys & Girls U8 Fun Run

EVENT 3: 1.40 pm on out and back course (towards St Leonards & return)

(Please note that marshals will be at each turnaround point.)

Boys & Girls U12	2 km
Boys & Girls U14	3 km
Boys & Girls U16	4 km

EVENT 4: 2.15 pm on out and back course (towards St Leonards & return)

(Please note that marshals will be at each turnaround point.)

Women U18	5 km
Women U20	5 km
Masters Women 35+	5 km
Open Run (Men & Women)	5 km
Open Walk Men & Women (not judged)	5 km
Men U18	6 km
Men U20	8 km
Senior Women	10 km
Senior Men	10 km
Masters Men 35+	10 km